



NORTH PITTSBURGH CATHOLIC IRONMEN FOOTBALL NON-CONTACT SUMMER CAMP

**ATTENTION: ALL FALL 2023 INCOMING 1ST GRADERS THROUGH 8TH
GRADERS INTERESTED IN ATTENDING
IRONMEN NON-CONTACT FOOTBALL CAMP**

2023 Summer Camp

When: Monday July 31st, 6:00-8:30 pm
Tuesday Aug 1st, 6:30-8:30 pm
Wednesday, Aug 2nd, 6:30-8:30 pm
Thursday Aug 3rd, 6:30-8:30 pm

Where: Saint Kilian Parish School Athletic Field

Cost to Attend: \$35/athlete

Who can Participate: Boys and Girls Entering Grades 1-8 in the Fall of 2023 (current 8th graders are not eligible)

Camp Information: This is a Non-Contact Camp!

- Campers will work on learning the basics of football in a fun, learning environment.
- All athletes will have the opportunity to enhance their individual skills in a team-oriented environment, while experiencing the basic practice structure utilized within the Ironmen organization.
- Players will learn the Ironmen values and learn how to apply them within the game of football and life.
- 7th and 8th grade players will have the opportunity to learn what it takes to be a leader and assist in mentoring the younger athletes.
- Campers will be grouped by grades: 1 & 2, 3 & 4, 5 & 6, and 7 & 8)
- WHAT TO BRING TO CAMP
 - Thermal jug water cooler/bottle, tennis shoes or football spikes (no metal cleats), hat (optional), sunscreen

How to Register: www.NPCIronmen.com

PLEASE RSVP AND / OR DIRECT ANY QUESTIONS TO:

Ironmen Football Coordinator

Jim Russell dukeps11@yahoo.com, 412-719-2115

